SALADS

SMALL LARGE

GRILLED CHICKEN CAESAR
ROMAINE, GRILLED CHICKEN, SHAVED PARMESAN, SOURDOUGH CROUTONS & CAESAR DRESSING
405-720 CAL

SOUTHWEST GRILLED CHICKEN
ROMAINE, SPRING MIX, GRILLED CHICKEN, AVOCADO, BLACK BEAN CORN SALSA, PEPPER JACK, TORTILLA STRIPS, & JALAPEÑO RANCH DRESSING
458-742 CAL

GREEK
ROMAINE, HAM, ONIONS, CUCUMBERS, CHERRY TOMATOES, ARTICHOKE HEARTS, KALAMATA OLIVES, FETA CHEESE CRUMBLES & GREEK DRESSING
445-725 CAL

COBB
ROMAINE, SPRING MIX, GRILLED CHICKEN, BACON, CHERRY TOMATOES, HARD-BOILED EGG, AVOCADO, BLUE CHEESE CRUMBLES & BLUE CHEESE DRESSING
585-930 CAL

ITALIAN
ROMAINE, SALAMI, CHERRY TOMATOES, PEPPERONCINIS, BELL PEPPERS, ARTICHOKE HEARTS, KALAMATA OLIVES, MOZZARELLA, & ITALIAN DRESSING
515-865 CAL

SALAD INCLUDES:
SMALL = 2 PIECES OF BREAD
LARGE = 3 PIECES OF BREAD

SOUPS

CUP	BOWL	BREAD BOWL
70-270 CAL	105-405 CAL	765-1065 CAL

SOUP INCLUDES:
CUP = 2 PIECES OF BREAD
BOWL = 3 PIECES OF BREAD

served daily

CLAM CHOWDER
(250 CAL / 375 CAL / 1035 CAL)

TOMATO BISQUE
(270 CAL / 405 CAL / 1065 CAL)

soup of the day

MONDAY- CHICKEN & POBLANO PEPPER
(240 CAL / 360 CAL / 1020 CAL)

TUESDAY- FIRE ROASTED VEGGIE
(70 CAL / 105 CAL / 765 CAL)

WEDNESDAY- CHICKEN NOODLE
(110 CAL / 165 CAL / 825 CAL)

THURSDAY- CREAM OF POTATO
(250 CAL / 375 CAL / 1035 CAL)

FRIDAY- CHICKEN & POBLANO PEPPER
(240 CAL / 360 CAL / 1020 CAL)

SATURDAY- BROCCOLI CHEESE
(230 CAL / 345 CAL / 1005 CAL)

SUNDAY- CREAM OF POTATO
(250 CAL / 375 CAL / 1035 CAL)

MAC & CHEESE

served daily

CUP	BOWL	BREAD BOWL
300 CAL	450 CAL	1110 CAL

MAC & CHEESE INCLUDES:
CUP = 2 PIECES OF BREAD
BOWL = 3 PIECES OF BREAD

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SANDWICHES

4 INCH	6 INCH	8 INCH
310-810 CAL	465-1215 CAL	620-1620 CAL

01 TURKEY
02 FRENCH DIP
03 PASTRAMI
04 PESTO TURKEY
05 HAM
06 BLT
07 REUBEN
08 TURKEY & SALAMI
09 CRACKED PEPPER TURKEY
10 VEGGIE
11 TUNA SALAD
12 CHICKEN SALAD
13 ITALIAN (SALAMI & PEPPERONI)
14 GRILLED CHICKEN PESTO
15 CRANBERRY TURKEY
16 ROAST BEEF
17 BBQ BRISKET
18 BUFFALO CHICKEN

ADDITIONAL BREAD OPTIONS

SLICED HONEY WHEAT
SLICED MARBLE RYE
GLUTEN FREE ROLL

FILLINGS

HOUSE SAUCE
LETTUCE
TOMATOES
ONIONS
MUSTARD OR DIJON
CHEESE

CHEESE

SWISS
CHEDDAR
PROVOLONE
JACK
PEPPER JACK
MOZZARELLA
AMERICAN

EXTRAS

BACON
AVOCADO
EXTRA MEAT
EXTRA CHEESE
JALAPEÑOS
PEPPERONCINIS
KALAMATA OLIVES
CUCUMBERS
BELL PEPPERS

MEALS

CHIPS & FOUNTAIN DRINK
150-470 CAL

COOKIE & FOUNTAIN DRINK
470-710 CAL

GARDEN SALAD & FOUNTAIN DRINK
250-590 CAL

SOUP / MAC & CHEESE & FOUNTAIN DRINK
70-510 CAL

FLATBREADS

BUILD YOUR OWN
SOURDOUGH FLATBREAD, PIZZA SAUCE, MOZZARELLA (ADDITIONAL TOPPINGS EXTRA)
890+ CAL

PEPPERONI
SOURDOUGH FLATBREAD, PIZZA SAUCE, MOZZARELLA & PEPPERONI
1290 CAL

CHICKEN PESTO
SOURDOUGH FLATBREAD, RANCH, MOZZARELLA, GRILLED CHICKEN, BACON, CHERRY TOMATOES & PESTO AIOLI
1510 CAL

BUFFALO CHICKEN
SOURDOUGH FLATBREAD, RANCH, MOZZARELLA, GRILLED CHICKEN, ONIONS, JALAPEÑOS, BLUE CHEESE CRUMBLES & BUFFALO SAUCE
1360 CAL

COMBINATION
SOURDOUGH FLATBREAD, PIZZA SAUCE, MOZZARELLA, PEPPERONI, SALAMI, HAM, BELL PEPPERS, ONIONS & KALAMATA OLIVES
1280 CAL

VEGGIE
SOURDOUGH FLATBREAD, PIZZA SAUCE, MOZZARELLA, BELL PEPPERS, ARTICHOKE HEARTS, ONIONS, KALAMATA OLIVES & OLIVE OIL
1120 CAL

KIDS MEAL

includes applesauce & choice of water, juice or milk

HALF SANDWICH
460-916 CAL

MAC & CHEESE
467-679 CAL